

**PATIENT INFORMATION SHEET**

Today's Date \_\_\_\_\_

**PATIENT:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Gender: M F Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_

Single \_\_\_\_\_ Married \_\_\_\_\_ Widowed \_\_\_\_\_ Divorced \_\_\_\_\_

Number of Children \_\_\_\_\_ Ages: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Employer Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

How did you learn about our office? \_\_\_\_\_

Primary Care Provider: \_\_\_\_\_

**SPOUSE or GUARDIAN:**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Employer Name: \_\_\_\_\_ Work Phone #: \_\_\_\_\_

Date of birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Cell Phone #: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

**INSURANCE:** (Staff will copy your insurance card). Please indicate if the injury is due to a work injury or personal injury (motor vehicle accident)

Workers Compensation Company with address: \_\_\_\_\_

Claim Number: \_\_\_\_\_

Personal Injury: (Motor Vehicle Accident) Minnesota is "no fault" so we would need your auto insurance information.

Company with address: \_\_\_\_\_

Insured's Name: \_\_\_\_\_ ID/Policy#/Claim#: \_\_\_\_\_

**We are providers for most insurance plans and as a courtesy to you, we will submit claims directly to your company. Your insurance policy is an agreement between you and the company you have chosen. We make our best effort to inform you of your responsibility at the time of service; however, only once the insurance company has processed the claim, do we know exactly how they are handling it. Co-payments and deductibles are due at the time of service. At times the insurance company will communicate with you to verify their responsibility (versus that of worker's compensation or motor vehicle accident). Please respond to them in a timely fashion so the company can process your claim as quickly as possible.**

**SIGNATURE:** (Patient, Parent, Legal Guardian or Responsible Party)  
I request services: \_\_\_\_\_

# Patient Health Questionnaire - PHQ

ChiroCare Form PHQ-202

ChiroCare Use Only rev 8/27/2003

Patient Name \_\_\_\_\_ AGE: \_\_\_\_\_

Today's Date: \_\_\_\_\_

**1. Describe your symptoms**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

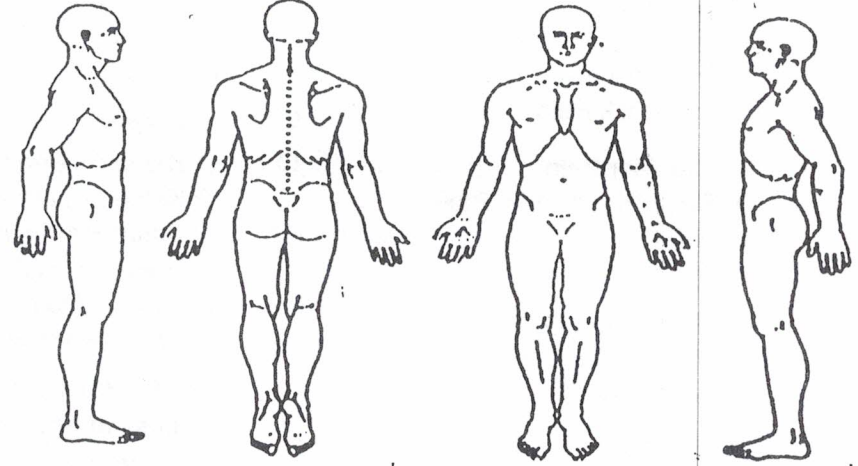
a. When did your symptoms start?

b. How did your symptoms begin?

**2. How often do you experience your symptoms?**

- 1 Constantly (76-100% of the day)
- 2 Frequently (51-75% of the day)
- 3 Occasionally (26-50% of the day)
- 4 Intermittently (0-25% of the day)

Indicate where you have pain or other symptoms



**3. What describes the nature of your symptoms?**

- 1 Sharp
- 2 Dull ache
- 3 Numb
- 4 Shooting
- 5 Burning
- 6 Tingling

**4. How are your symptoms changing?**

- 1 Getting Better
- 2 Not Changing
- 3 Getting Worse

**5. During the past 4 weeks:**

a. Indicate the average intensity of your symptoms



b. How much has pain interfered with your normal work (including both work outside the home, and housework)

- 1 Not at all
- 2 A little bit
- 3 Moderately
- 4 Quite a bit
- 5 Extremely

**6. During the past 4 weeks how much of the time has your condition interfered with your social activities? (like visiting with friends, relatives, etc)**

- 1 All of the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time

**7. In general would you say your overall health right now is...**

- 1 Excellent
- 2 Very Good
- 3 Good
- 4 Fair
- 5 Poor

**8. Who have you seen for your symptoms?**

- 1 No One
- 2 Other Chiropractor
- 3 Medical Doctor
- 4 Physical Therapist
- 5 Other

a. What treatment did you receive and when?

b. What tests have you had for your symptoms and when were they performed?

Xrays date: \_\_\_\_\_  CT Scan date: \_\_\_\_\_

MRI date: \_\_\_\_\_  Other date: \_\_\_\_\_

**9. Have you had similar symptoms in the past?**

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- 1 Yes
- 2 No
- 1 This Office
- 2 Other Chiropractor
- 3 Medical Doctor
- 4 Physical Therapist
- 5 Other

**10. What is your occupation?**

- 1 Professional/Executive
- 2 White Collar/Secretarial
- 3 Tradesperson
- 4 Laborer
- 5 Homemaker
- 6 FT Student
- 7 Retired
- 8 Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

- 1 Full-time
- 2 Part-time
- 3 Self-employed
- 4 Unemployed
- 5 Off work
- 6 Other

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

What type of regular exercise do you perform?  None  Light  Moderate  Strenuous

What is your height and weight? Height    Feet Inches Weight    lbs.

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

- |   |   |  |   |   |   |
|---|---|--|---|---|---|
| <input type="radio"/> Past                        | <input type="radio"/> Present                   | <input type="radio"/> Past                         | <input type="radio"/> Present                 | <input type="radio"/> Past                | <input type="radio"/> Present                 |
| <input type="radio"/> Headaches                   | <input type="radio"/> Neck Pain                 | <input type="radio"/> Upper Back Pain              | <input type="radio"/> Mid Back Pain           | <input type="radio"/> Low Back Pain       | <input type="radio"/> Shoulder Pain           |
| <input type="radio"/> Elbow/Upper Arm Pain        | <input type="radio"/> Wrist Pain                | <input type="radio"/> Hand Pain                    | <input type="radio"/> Hip/Upper Leg Pain      | <input type="radio"/> Knee/Lower Leg Pain | <input type="radio"/> Ankle/Foot Pain         |
| <input type="radio"/> Jaw Pain                    | <input type="radio"/> Joint Swelling/Stiffness  | <input type="radio"/> Arthritis                    | <input type="radio"/> Rheumatoid Arthritis    | <input type="radio"/> General Fatigue     | <input type="radio"/> Muscular Incoordination |
| <input type="radio"/> Visual Disturbances         | <input type="radio"/> Dizziness                 | <input type="radio"/> High Blood Pressure          | <input type="radio"/> Heart Attack            | <input type="radio"/> Chest Pains         | <input type="radio"/> Stroke                  |
| <input type="radio"/> Angina                      | <input type="radio"/> Kidney Stones             | <input type="radio"/> Kidney Disorders             | <input type="radio"/> Bladder Infection       | <input type="radio"/> Painful Urination   | <input type="radio"/> Loss of Bladder Control |
| <input type="radio"/> Prostate Problems           | <input type="radio"/> Abnormal Weight Gain/Loss | <input type="radio"/> Loss of Appetite             | <input type="radio"/> Abdominal Pain          | <input type="radio"/> Ulcer               | <input type="radio"/> Hepatitis               |
| <input type="radio"/> Liver/Gall Bladder Disorder | <input type="radio"/> Cancer                    | <input type="radio"/> Tumor                        | <input type="radio"/> Asthma                  | <input type="radio"/> Chronic Sinusitis   | <input type="radio"/> Diabetes                |
| <input type="radio"/> Excessive Thirst            | <input type="radio"/> Frequent Urination        | <input type="radio"/> Smoking/Use Tobacco Products | <input type="radio"/> Drug/Alcohol Dependence | <input type="radio"/> Allergies           | <input type="radio"/> Depression              |
| <input type="radio"/> Systemic Lupus              | <input type="radio"/> Epilepsy                  | <input type="radio"/> Dermatitis/Eczema/Rash       | <input type="radio"/> HIV/AIDS                | <b>Females Only</b>                       |   |
| <input type="radio"/> Birth Control Pills         | <input type="radio"/> Hormonal Replacement      | <input type="radio"/> Pregnancy                    | <input type="radio"/>                         | <b>Other Health Problems/Issues</b>       |   |
| <input type="radio"/>                             | <input type="radio"/>                           | <input type="radio"/>                              | <input type="radio"/>                         | <input type="radio"/>                     | <input type="radio"/>                         |

Indicate if an immediate family member has had any of the following:  Rheumatoid Arthritis  Heart Problems  Diabetes  Cancer  Lupus  \_\_\_\_\_

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:  
\_\_\_\_\_  
\_\_\_\_\_

List all the surgical procedures you have had and times you have been hospitalized:  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Additional Comments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Doctors Signature \_\_\_\_\_ Date \_\_\_\_\_

# Patient Health Information Consent Form

We want you to know how your Patient Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

1. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not effect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, our office has the right to refuse to give care.

I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

---

Name of Patient

Date